**Roasted Veggie Medley**  
  
1/2C red bell pepper, cut into strips  
1/2C yellow bell pepper, cut into strips  
1/2C onion, thinly sliced  
1/2C mushrooms, thinly sliced  
2T no salt added vegetable broth  
  
Place veggies in a baking dish.  
Brush and blend with broth.  
Broil for about 10 minutes.